TRINITY Medical Centre 全仁醫務中心

AgeQ™

Powered by LUCENCE

Take Action to Slow Aging





AgeQ™

AgeQ™ is a wellness blood test*. Your AgeQ™ Domains are analysed through core blood biomarkers and tabulated through an algorithm for your personalized AgeQ™ Score and AgeQ™ Status.

AgeQ™ is developed by Lucence, a company headquartered in the US and Singapore.

*Fasting is required for at least 8 hours before blood draw.

Validated in over 300,000 individuals across Asian and Western populations
(SLAS[1], NHANES[2], UK Biobank[3])

Understanding AgeQ™ Score

Chronological age The total years since your birth.

AgeQ™ Score

A reflection of your body's overall well-being. It measures how your AgeQ™ Domains such as nutritional balance, energy, stress resilience, hydration, and renewal are performing compared to others.

Why does my AgeQ™ Score matter?

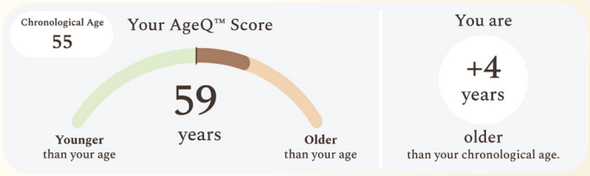
While chronological age progresses at a constant rate for everyone, AgeQ™ Scores vary significantly between individuals.

Individuals with the same chronological age may exhibit diverse aging-related signs and symptoms better described by their AgeQ™ Score.

AgeQ™ Status

Your AgeQ™ Status is the difference between your AgeQ™ Score and your chronological age. A negative number indicates your AgeQ™ Domains are trending favorably, while a positive number suggests there may be opportunities for lifestyle improvement.

AgeQ™ Profile	AgeQ™ Status
Older	>3 years
Aligned	-3 to 3 years
Younger	<-3 years



Your AgeQ™ Score reflects an older AgeQ™ Profile.

Can I lower my AgeQ™ Score?

Yes. Unlike your chronological age, your AgeQ™ Score is modifiable.

Your Personalized Action Plan provides 5 customized AgeQ™ Domains, with healthy lifestyle suggestions to support your overall well-being.

Metabolic · Circulatory · Synthesis · Inflammatory · Clearance

Additionally, your Personalized Action Plan provides 5 core AgeQ™ Habits to support your overall well-being and healthy aging, based on evidence from SLAS[1] and other clinical findings.

Take your first step to slow aging.

Discover your AgeQ™ Status to take charge of your AgeQ™ Domains today.



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AgeQ™ is intended for wellness purposes only and is not intended to predict, diagnose, or assess risk for any specific disease or medical condition. It should not replace standard-of-care screenings, clinical evaluations, diagnostic procedures, or the care of a healthcare provider. Individuals should discuss their results with a healthcare professional for personalized health planning, and consult their healthcare provider before initiation, modifying, or discontinuing any treatment or lifestyle changes based on this report.

References:

1. Lim X, et al. Innov Aging. 2025 Dec 31;9(Suppl 2):igaf122.3829. doi: 10.1093/geroni/igaf122.3829.
2. Liu Z, et al. PLoS Med. 2018 Dec 31;15(12):e1002718. doi: 10.1371/journal.pmed.1002718. Erratum in: PLoS Med. 2019 Feb 25;16(2):e1002760. doi: 10.1371/journal.pmed.1002760.
3. Sudlow C, et al. PLoS Med. 2015 Mar 31;12(3):e1001779. doi: 10.1371/journal.pmed.1001779.

The test, including the proprietary AgeQ™ algorithm, has not been cleared or approved by the U.S. Food & Drug Administration for the screening, diagnosis, cure, mitigation, treatment, or prevention of any disease or medical condition.

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