

企業客戶專屬-中風風險評估

Corporate Exclusive-Stroke Risk Assessment

SERVICE ITEMS 檢查項目

GENERAL EXAMINATION 一般檢查

Physical Examination 體格檢查	<ul style="list-style-type: none"> <li>• Health Questionnaire</li> <li>• Life Style Evaluation</li> <li>• Blood Pressure, Pulse, Height &amp; Weight</li> </ul>	<ul style="list-style-type: none"> <li>• 個人健康分析問卷</li> <li>• 健康生活評估</li> <li>• 血壓,脈搏, 身高及體重</li> </ul>
	<ul style="list-style-type: none"> <li>• Body Mass Index</li> <li>• Inbody Analysis</li> <li>• Muscle-fat Analysis</li> <li>• Obesity Analysis</li> <li>• Visual Acuity &amp; Colour Vision</li> </ul>	<ul style="list-style-type: none"> <li>• 身體質量指數</li> <li>• 身體組成分析</li> <li>• 肌肉脂肪分析</li> <li>• 肥胖分析</li> <li>• 視力及色盲測試</li> </ul>

CARDIAC TESTS 心臟檢查

ECG 心電圖	• Resting ECG	• 靜態心電圖
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MAGNETIC RESONANCE IMAGING 磁力共振造影檢查

MRI 磁力共振造影	• Stroke Screening (Plain)	• 中風檢查 (常規)
	Brain MRA Brain MRA Neck	腦部 腦部血管 頸部血管

LABORATORY TESTS 化驗項目

Routine Blood Examination 血液常規檢查 [計算白血球、紅血球和血小板的異常]	<ul style="list-style-type: none"> <li>• WBC</li> <li>• RBC</li> <li>• Hb</li> <li>• HCT</li> <li>• MCV</li> <li>• MCH</li> <li>• MCHC</li> <li>• Platelet</li> <li>• WBC Differential Count (Lymphocytes, Monocytes, Eosinophils, basophils, neutrophils)</li> </ul>	<ul style="list-style-type: none"> <li>• 白血球</li> <li>• 紅血球</li> <li>• 血紅素</li> <li>• 血球容積</li> <li>• 平均紅血球容積</li> <li>• 平均血球血紅素</li> <li>• 平均血球血紅素濃度</li> <li>• 血小板</li> <li>• 白血球分類</li> </ul>
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Coronary Risk 冠心病風險

[測量脂質和膽固醇的水平，高三酸甘油酯和壞膽固醇會增加患上冠心病和中風的風險]

<ul style="list-style-type: none"> <li>• Total Cholesterol*</li> <li>• Triglycerides*</li> <li>• HDL Cholesterol*</li> <li>• LDL Cholesterol*</li> <li>• Total/HDL Chol Ratio*</li> <li>• Creatine Phospho Kinase (CPK)</li> <li>• Homocysteine</li> </ul>	<ul style="list-style-type: none"> <li>• 總膽固醇*</li> <li>• 三酸甘油酯*</li> <li>• 高密度脂蛋白膽固醇*</li> <li>• 低密度脂蛋白膽固醇*</li> <li>• 總/高密度膽固醇*</li> <li>• 肌酸磷激酵素</li> <li>• 同半胱氨酸</li> </ul>
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Diabetic Screening 糖尿病檢測

[測試是否患上糖尿病或糖尿病前期]

<ul style="list-style-type: none"> <li>• Fasting Blood Glucose*</li> <li>• Glycohaemoglobin (HbA1c)</li> </ul>	<ul style="list-style-type: none"> <li>• 空腹血糖*</li> <li>• 糖化血色素</li> </ul>
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Gout Screening 痛風檢測

• Uric Acid	• 尿酸
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FOLLOW-UP 跟進

Reporting 體檢報告	• Medical Report	• 詳細體檢報告
	• Explanation of Report	• 醫生解釋報告
	• Personalized Recommendation	• 個人化建議

\*8-hour fasting is required 請空腹最少八小時

## Appointment Booking 預約需知

**Reservation should be made 3 working days in advance**  
**如需預約，請提前至少3個工作天，於辦公時間內進行預約**

**Email 電郵**

tmc@trinitymedical.com.hk

**WhatsApp**

+852 6062 8943

**Office Hour 辦公時間**

Monday – Friday	9AM – 6PM
Saturday	9AM – 5PM
星期一至五	上午9時 至 下午6時
星期六	上午9時 至 下午5時

Inquiry 查詢熱線(General)

Tel. 電話

+852 2192 7022

**Please give below information:**

- Confirmation message
- Order number
- Registered full name
- Phone number

Modifications should be made  
1 working day in advance

**請向我們提供以下信息：**

- 確認信息
- 訂單號
- 登記全名
- 電話號碼

如需更改預約  
請於1工作天前通知我們

## Health Check General Reminder 一般檢查注意事項

### The Registration Time 登記時間

- Please register at Trinity Medical Centre 10-15 minutes before the designated checkup time, otherwise the required service will not be arranged.
- 請於檢查時間前的10-15分鐘到達全仁醫務中心辦理登記手續，否則將未能安排進行所需服務。

### Documents required for Registration 登記時請出示

- Valid Identification Document
- Checkup Redemption Letter / Order Confirm Voucher
- 有效身份證明文件
- 體檢兌換函 / 購買確認券

### Special arrangement for severe weather 惡劣天氣安排

- When Black Rainstorm Warning Signal, Typhoon Warning Signal No. 8 or above is enforced, all services will be suspended and all appointments cancelled. Trinity will arrange an alternate appointment with all affected clients.
- 在黑色暴雨、8號或以上颱風警告信號生效時，全仁醫務中心將暫停服務，期間所有預約均被取消。本中心將主動聯絡受影響人士，另行安排檢查時間。

Report turnaround time: 7 – 14 working days

檢查報告所需時間約 7 - 14 工作天

## Health Check General Reminder 一般檢查注意事項

### Ultrasound (Upper abdomen, Liver & Gallbladder) 超聲波檢查 (上腹部、肝及膽)

- No food or drinks for 8 hours before the examination. Plain water is allowed
- 檢查前8小時禁止飲食，清水除外

### Ultrasound (Whole abdomen) 超聲波檢查 (全腹)

- No food or drinks for 8 hours before the examination. Plain water is allowed. If possible, refrain from going to the toilet 30 minutes before the examination
- 檢查前8小時禁止飲食，清水除外。檢查前30分鐘請盡量避免使用洗手間

### Ultrasound (Pelvis, Prostate & Bladder) 超聲波檢查 (盆腔、前列腺及膀胱)

- Drink plenty of water before the examination. If possible, refrain from going to the toilet 30 minutes before the examination
- 檢查前飲用足夠清水。檢查前30分鐘請盡量避免使用洗手間

### Treadmill ECG 運動心電圖

- Please wear loose and comfortable clothing and running shoes during the examination
- To avoid doing any strenuous exercise on the day of the test
- 請穿著舒服及鬆身的短褲或運動褲及跑鞋進行檢查
- 當天不要做任何劇烈運動

### 幽門螺旋桿菌 (呼氣測試) Helicobacter Screening (Breath test)

- NO food, drinks (even water) and mouth-wash for 2 hours before the examination
- STOP taking all antibiotics, including antibiotics for Helicobacter pylori at least 2 weeks before the test
- 請於檢查前2小時開始禁食 (包括水) 以及不要進行口腔清潔
- 請於檢查前2星期避免使用任何抗生素或胃藥

## Health Check General Reminder 一般檢查注意事項

### DEXA 骨質密度檢查

- Please avoid any barium examination at least seven days before the examination
- 請在檢查前至少七天避免任何鋇檢查

### Fasting blood glucose / Lipid Profile 血糖 / 血脂檢查

- Fasting for 8 hours
- 請空腹8小時

### Stool routine / Occult blood test / Parasite 糞便常規 / 潛血 / 寄生蟲檢驗

- The specimen container shall be taken before the exam day
- 請於檢查日前領取糞便樣本瓶

## For Female Clients 女士注意事項

### Mammogram 乳房造影

- Recommend to perform 7 days after the last day of menstruation to minimize breast discomfort
- To avoid use of bath powder or oil, perfumes, creams or deodorants to the breast and underarm areas on the day of visit
- 建議安排於月經期完最後一天起計七天後進行
- 檢查當天，請勿於腋下及乳前塗上止汗液、潤膚膏及爽身粉

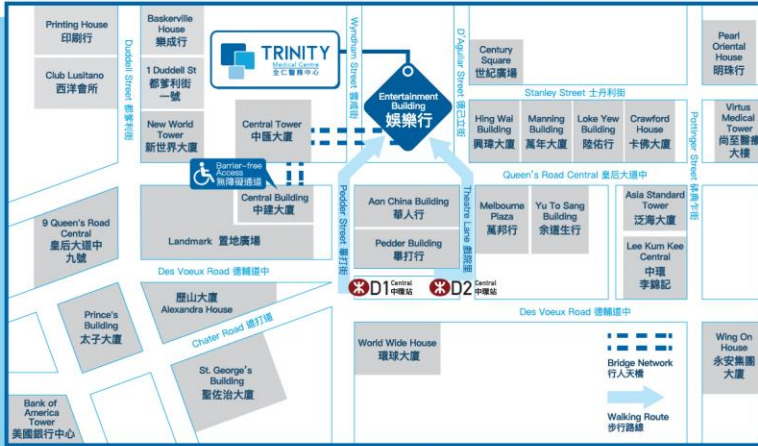
### Urinalysis / Pap smear 尿液常規檢查 / 柏氏子宮頸細胞檢查

- Women aged 25 to 64 who ever had sexual experience should have regular cervical screening.
- Advised to have a check-up on a non-menstrual date or 7 days after the end of the menstrual period
- 25 至 64 歲而曾有性經驗的婦女，都應該定期接受子宮頸篩查。
- 建議在非月經日期或月經完全乾淨 7 天後進行檢查，婦女在月經期內，不要留取尿液標本及進行婦科檢查，可待月經期後再檢查。



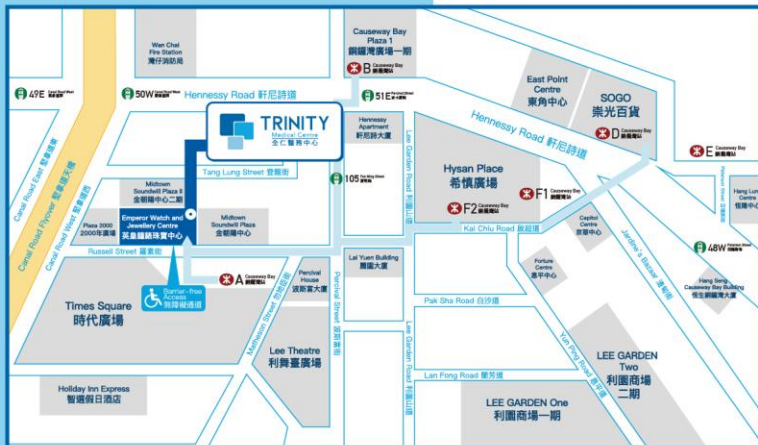
# Our Locations

## 診所位置



### 中環 CENTRAL

- 香港中環皇后大道中30號娛樂行7樓B室及22樓7B & 22/F, Entertainment Building, 30 Queen's Road Central, Central, Hong Kong



### 銅鑼灣 CAUSEWAY BAY

- 香港銅鑼灣羅素街8號英皇鐘錶珠寶中心20樓20/F, Emperor Watch And Jewellery Centre, 8 Russell Street, Causeway Bay, Hong Kong



### 尖沙咀 TSIM SHA TSUI

- 香港九龍尖沙咀廣東道33號中港城第5座15樓15/F, Tower 5, China Hong Kong City, 33 Canton Road, Tsim Sha Tsui, Kowloon

