

Corporate Exclusive-Cardiac & Coronary Health Assessment

SERVICE ITEMS 檢查項目

GENERAL EXAMINATION 一般檢查

	<ul style="list-style-type: none"> Health Questionnaire Life Style Evaluation Blood Pressure, Pulse, Height & Weight 	<ul style="list-style-type: none"> 個人健康分析問卷 健康生活評估 血壓,脈搏, 身高及體重
Physical Examination 體格檢查	<ul style="list-style-type: none"> Body Mass Index Inbody Analysis Muscle-fat Analysis Obesity Analysis Visual Acuity & Colour Vision 	<ul style="list-style-type: none"> 身體質量指數 身體組成分析 肌肉脂肪分析 肥胖分析 視力及色盲測試

CARDIAC TESTS 心臟檢查

ECG 心電圖	<ul style="list-style-type: none"> Resting ECG 	<ul style="list-style-type: none"> 靜態心電圖
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IMAGING TESTS 醫學影像檢查

Coronary Study 冠狀動脈評估	<ul style="list-style-type: none"> CT Coronary Angiogram (Contrast) [Central only] 	<ul style="list-style-type: none"> 冠狀動脈電腦斷層掃描 (顯影劑) [只限中環]
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LABORATORY TESTS 化驗項目

	<ul style="list-style-type: none"> WBC RBC Hb HCT MCV MCH MCHC Platelet WBC Differential Count (Lymphocytes, Monocytes, Eosinophils, basophils, neutrophils) 	<ul style="list-style-type: none"> 白血球 紅血球 血紅素 血球容積 平均紅血球容積 平均血球血紅素 平均血球血紅素濃度 血小板 白血球分類
Routine Blood Examination 血液常規檢查 [計算白血球、紅血球和血小板的異常]		

Coronary Risk 冠心病風險

[測量脂質和膽固醇的水平，高三酸甘油酯和壞膽固醇會增加患上冠心病和中風的風險]

	<ul style="list-style-type: none"> Total Cholesterol* Triglycerides* HDL Cholesterol* LDL Cholesterol* Total/HDL Chol Ratio* Creatine Phospho Kinase (CPK) Homocysteine 	<ul style="list-style-type: none"> 總膽固醇* 三酸甘油酯* 高密度脂蛋白膽固醇* 低密度脂蛋白膽固醇* 總/高密度膽固醇* 肌酸磷激酵素 同半胱氨酸
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Diabetic Screening 糖尿病檢測

[測試是否患上糖尿病或糖尿病前期]

	<ul style="list-style-type: none"> Fasting Blood Glucose* Glycohaemoglobin (HbA1c) 	<ul style="list-style-type: none"> 空腹血糖* 糖化血色素
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Gout Screening 痛風檢測

	<ul style="list-style-type: none"> Uric Acid 	<ul style="list-style-type: none"> 尿酸
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FOLLOW-UP 跟進

Reporting 體檢報告	<ul style="list-style-type: none"> Medical Report Explanation of Report Personalized Recommendation 	<ul style="list-style-type: none"> 詳細體檢報告 醫生解釋報告 個人化建議
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*8-hour fasting is required 請空腹最少八小時

Appointment Booking 預約需知

Reservation should be made 3 working days in advance
如需預約，請提前至少3個工作天，於辦公時間內進行預約

Email 電郵

tmc@trinitymedical.com.hk

WhatsApp

+852 6062 8943

Office Hour 辦公時間

Monday – Friday	9AM – 6PM
Saturday	9AM – 5PM
星期一至五	上午9時 至 下午6時
星期六	上午9時 至 下午5時

Inquiry 查詢熱線(General)

Tel. 電話

+852 2192 7022

Please give below information:

- Confirmation message
- Order number
- Registered full name
- Phone number

Modifications should be made
1 working day in advance

請向我們提供以下信息：

- 確認信息
- 訂單號
- 登記全名
- 電話號碼

如需更改預約
請於1工作天前通知我們

Health Check General Reminder 一般檢查注意事項

The Registration Time 登記時間

- Please register at Trinity Medical Centre 10-15 minutes before the designated checkup time, otherwise the required service will not be arranged.
- 請於檢查時間前的10-15分鐘到達全仁醫務中心辦理登記手續，否則將未能安排進行所需服務。

Documents required for Registration 登記時請出示

- Valid Identification Document
- Checkup Redemption Letter / Order Confirm Voucher
- 有效身份證明文件
- 體檢兌換函 / 購買確認券

Special arrangement for severe weather 惡劣天氣安排

- When Black Rainstorm Warning Signal, Typhoon Warning Signal No. 8 or above is enforced, all services will be suspended and all appointments cancelled. Trinity will arrange an alternate appointment with all affected clients.
- 在黑色暴雨、8號或以上颱風警告信號生效時，全仁醫務中心將暫停服務，期間所有預約均被取消。本中心將主動聯絡受影響人士，另行安排檢查時間。

Report turnaround time: 7 – 14 working days

檢查報告所需時間約 7 - 14 工作天

Health Check General Reminder 一般檢查注意事項

Ultrasound (Upper abdomen, Liver & Gallbladder) 超聲波檢查 (上腹部、肝及膽)

- No food or drinks for 8 hours before the examination. Plain water is allowed
- 檢查前8小時禁止飲食，清水除外

Ultrasound (Whole abdomen) 超聲波檢查 (全腹)

- No food or drinks for 8 hours before the examination. Plain water is allowed. If possible, refrain from going to the toilet 30 minutes before the examination
- 檢查前8小時禁止飲食，清水除外。檢查前30分鐘請盡量避免使用洗手間

Ultrasound (Pelvis, Prostate & Bladder) 超聲波檢查 (盆腔、前列腺及膀胱)

- Drink plenty of water before the examination. If possible, refrain from going to the toilet 30 minutes before the examination
- 檢查前飲用足夠清水。檢查前30分鐘請盡量避免使用洗手間

Treadmill ECG 運動心電圖

- Please wear loose and comfortable clothing and running shoes during the examination
- To avoid doing any strenuous exercise on the day of the test
- 請穿著舒服及鬆身的短褲或運動褲及跑鞋進行檢查
- 當天不要做任何劇烈運動

幽門螺旋桿菌 (呼氣測試) Helicobacter Screening (Breath test)

- NO food, drinks (even water) and mouth-wash for 2 hours before the examination
- STOP taking all antibiotics, including antibiotics for Helicobacter pylori at least 2 weeks before the test
- 請於檢查前2小時開始禁食 (包括水) 以及不要進行口腔清潔
- 請於檢查前2星期避免使用任何抗生素或胃藥

Health Check General Reminder 一般檢查注意事項

DEXA 骨質密度檢查

- Please avoid any barium examination at least seven days before the examination
- 請在檢查前至少七天避免任何鋇檢查

Fasting blood glucose / Lipid Profile 血糖 / 血脂檢查

- Fasting for 8 hours
- 請空腹8小時

Stool routine / Occult blood test / Parasite 糞便常規 / 潛血 / 寄生蟲檢驗

- The specimen container shall be taken before the exam day
- 請於檢查日前領取糞便樣本瓶

For Female Clients 女士注意事項

Mammogram 乳房造影

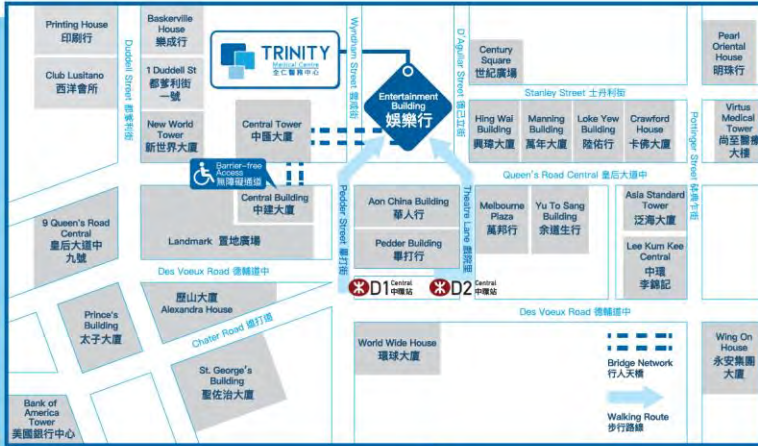
- Recommend to perform 7 days after the last day of menstruation to minimize breast discomfort
- To avoid use of bath powder or oil, perfumes, creams or deodorants to the breast and underarm areas on the day of visit
- 建議安排於月經期完最後一天起計七天後進行
- 檢查當天，請勿於腋下及乳前塗上止汗液、潤膚膏及爽身粉

Urinalysis / Pap smear 尿液常規檢查 / 柏氏子宮頸細胞檢查

- Women aged 25 to 64 who ever had sexual experience should have regular cervical screening.
- Advised to have a check-up on a non-menstrual date or 7 days after the end of the menstrual period
- 25 至 64 歲而曾有性經驗的婦女，都應該定期接受子宮頸篩查。
- 建議在非月經日期或月經完全乾淨 7 天後進行檢查，婦女在月經期內，不要留取尿液標本及進行婦科檢查，可待月經期後再檢查。

Our Locations

診所位置



中環 CENTRAL

- 香港中環皇后大道中30號娛樂行7樓B室及22樓7B & 22/F, Entertainment Building, 30 Queen's Road Central, Central, Hong Kong



銅鑼灣 CAUSEWAY BAY

- 香港銅鑼灣羅素街8號英皇鐘錶珠寶中心20樓20/F, Emperor Watch And Jewellery Centre, 8 Russell Street, Causeway Bay, Hong Kong



尖沙咀 TSIM SHA TSUI

- 香港九龍尖沙咀廣東道33號中港城第5座15樓15/F, Tower 5, China Hong Kong City, 33 Canton Road, Tsim Sha Tsui, Kowloon

