

企業客戶專屬-骨骼健康檢查

Corporate Exclusive-Bone Health Screening

SERVICE ITEMS 檢查項目

GENERAL EXAMINATION 一般檢查

	• Health Questionnaire	• 個人健康分析問卷
	• Life Style Evaluation	• 健康生活評估
	• Blood Pressure, Pulse, Height & Weight	• 血壓,脈搏, 身高及體重
Physical Examination 體格檢查	• Body Mass Index	• 身體質量指數
	• Inbody Analysis	• 身體組成分析
	• Muscle-fat Analysis	• 肌肉脂肪分析
	• Obesity Analysis	• 肥胖分析
	• Visual Acuity & Colour Vision	• 視力及色盲測試

IMAGING TESTS 醫學影像檢查

DEXA 骨質密度檢查 [分析體內腰椎和髖骨的骨質密度 (BMD) · 以檢測體內骨質流失情況。]	• DEXA Bone Densitometry (Spine & Hip) [Central only] #Recommended for aged 40 or above	• X光吸收骨密度檢查(腰椎及股骨) [只限中環] #建議適用於40歲或以上
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LABORATORY TESTS 化驗項目

	• WBC	• 白血球
	• RBC	• 紅血球
	• Hb	• 血紅素
	• HCT	• 血球容積
Routine Blood Examination 血液常規檢查 [計算白血球、紅血球和血小板的異常]	• MCV	• 平均紅血球容積
	• MCH	• 平均血球血紅素
	• MCHC	• 平均血球血紅素濃度
	• Platelet	• 血小板
	• WBC Differential Count (Lymphocytes, Monocytes, Eosinophils, basophils, neutrophils)	• 白血球分類
Gout Screening 痛風檢測	• Uric Acid	• 尿酸
Rheumatoid Arthritis 類風濕	• Rheumatoid Arthritis Factor	• 類風濕性因子
Nutrient Testing 營養素檢測	• Vitamin D (25-OH)	• 維他命D
Bone Metabolism 骨質代謝 [評估骨骼代謝狀況]	• Iron	• 鐵
	• Phosphorus	• 磷
	• Calcium	• 鈣

FOLLOW-UP 跟進

Reporting 體檢報告	• Medical Report	• 詳細體檢報告
	• Explanation of Report	• 醫生解釋報告
	• Personalized Recommendation	• 個人化建議

Appointment Booking 預約需知

Reservation should be made 3 working days in advance
如需預約，請提前至少3個工作天，於辦公時間內進行預約

Email 電郵

tmc@trinitymedical.com.hk

WhatsApp

+852 6062 8943

Office Hour 辦公時間

Monday – Friday	9AM – 6PM
Saturday	9AM – 5PM
星期一至五	上午9時 至 下午6時
星期六	上午9時 至 下午5時

Inquiry 查詢熱線(General)

Tel. 電話

+852 2192 7022

Please give below information:

- Confirmation message
- Order number
- Registered full name
- Phone number

Modifications should be made
1 working day in advance

請向我們提供以下信息：

- 確認信息
- 訂單號
- 登記全名
- 電話號碼

如需更改預約
請於1工作天前通知我們

Health Check General Reminder 一般檢查注意事項

The Registration Time 登記時間

- Please register at Trinity Medical Centre 10-15 minutes before the designated checkup time, otherwise the required service will not be arranged.
- 請於檢查時間前的10-15分鐘到達全仁醫務中心辦理登記手續，否則將未能安排進行所需服務。

Documents required for Registration 登記時請出示

- Valid Identification Document
- Checkup Redemption Letter / Order Confirm Voucher
- 有效身份證明文件
- 體檢兌換函 / 購買確認券

Special arrangement for severe weather 惡劣天氣安排

- When Black Rainstorm Warning Signal, Typhoon Warning Signal No. 8 or above is enforced, all services will be suspended and all appointments cancelled. Trinity will arrange an alternate appointment with all affected clients.
- 在黑色暴雨、8號或以上颱風警告信號生效時，全仁醫務中心將暫停服務，期間所有預約均被取消。本中心將主動聯絡受影響人士，另行安排檢查時間。

Report turnaround time: 7 – 14 working days

檢查報告所需時間約 7 - 14 工作天

Health Check General Reminder 一般檢查注意事項

Ultrasound (Upper abdomen, Liver & Gallbladder) 超聲波檢查 (上腹部、肝及膽)

- No food or drinks for 8 hours before the examination. Plain water is allowed
- 檢查前8小時禁止飲食，清水除外

Ultrasound (Whole abdomen) 超聲波檢查 (全腹)

- No food or drinks for 8 hours before the examination. Plain water is allowed. If possible, refrain from going to the toilet 30 minutes before the examination
- 檢查前8小時禁止飲食，清水除外。檢查前30分鐘請盡量避免使用洗手間

Ultrasound (Pelvis, Prostate & Bladder) 超聲波檢查 (盆腔、前列腺及膀胱)

- Drink plenty of water before the examination. If possible, refrain from going to the toilet 30 minutes before the examination
- 檢查前飲用足夠清水。檢查前30分鐘請盡量避免使用洗手間

Treadmill ECG 運動心電圖

- Please wear loose and comfortable clothing and running shoes during the examination
- To avoid doing any strenuous exercise on the day of the test
- 請穿著舒服及鬆身的短褲或運動褲及跑鞋進行檢查
- 當天不要做任何劇烈運動

幽門螺旋桿菌 (呼氣測試) Helicobacter Screening (Breath test)

- NO food, drinks (even water) and mouth-wash for 2 hours before the examination
- STOP taking all antibiotics, including antibiotics for Helicobacter pylori at least 2 weeks before the test
- 請於檢查前2小時開始禁食 (包括水) 以及不要進行口腔清潔
- 請於檢查前2星期避免使用任何抗生素或胃藥

Health Check General Reminder 一般檢查注意事項

DEXA 骨質密度檢查

- Please avoid any barium examination at least seven days before the examination
- 請在檢查前至少七天避免任何鋇檢查

Fasting blood glucose / Lipid Profile 血糖 / 血脂檢查

- Fasting for 8 hours
- 請空腹8小時

Stool routine / Occult blood test / Parasite 糞便常規 / 潛血 / 寄生蟲檢驗

- The specimen container shall be taken before the exam day
- 請於檢查日前領取糞便樣本瓶

For Female Clients 女士注意事項

Mammogram 乳房造影

- Recommend to perform 7 days after the last day of menstruation to minimize breast discomfort
- To avoid use of bath powder or oil, perfumes, creams or deodorants to the breast and underarm areas on the day of visit
- 建議安排於月經期完最後一天起計七天後進行
- 檢查當天，請勿於腋下及乳前塗上止汗液、潤膚膏及爽身粉

Urinalysis / Pap smear 尿液常規檢查 / 柏氏子宮頸細胞檢查

- Women aged 25 to 64 who ever had sexual experience should have regular cervical screening.
- Advised to have a check-up on a non-menstrual date or 7 days after the end of the menstrual period
- 25 至 64 歲而曾有性經驗的婦女，都應該定期接受子宮頸篩查。
- 建議在非月經日期或月經完全乾淨 7 天後進行檢查，婦女在月經期內，不要留取尿液標本及進行婦科檢查，可待月經期後再檢查。

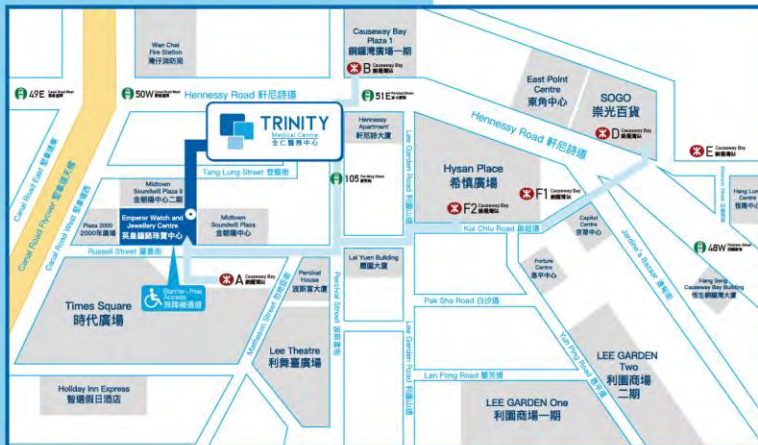
Our Locations

診所位置



中環 CENTRAL

- 香港中環皇后大道中30號娛樂行7樓B室及22樓7B & 22/F, Entertainment Building, 30 Queen's Road Central, Central, Hong Kong



銅鑼灣 CAUSEWAY BAY

- 香港銅鑼灣羅素街8號英皇鐘錶珠寶中心20樓20/F, Emperor Watch And Jewellery Centre, 8 Russell Street, Causeway Bay, Hong Kong



尖沙咀 TSIM SHA TSUI

- 香港九龍尖沙咀廣東道33號中港城第5座15樓15/F, Tower 5, China Hong Kong City, 33 Canton Road, Tsim Sha Tsui, Kowloon

